



Where Do I Get My Skills From?

The following was developed from brainstorming activities with students. Many people have difficulty thinking about where they get their skills from. Can you think of more to add?

Directions:

Choose 10 categories below and identify 1-3 skills you have learned from each one. Use the Skill Categories and Lists handout to help you identify transferable and personal skills.

School

Work/Jobs

Community

Community Service

Culture

Religion

Sports/Recreation

Friends

Hobbies

Family

Books

Internet

Trial and Error

Studying/Learning

Peers/Colleagues

Leaders/Role Models

Watching/Observing Others

Teachers

Day-to-Day Experiences

Failure