



## Searching for Materials for Use in Bibliotherapy

“Bibliotherapy (the use of books to help people) is a technique that has proven valuable in helping individuals deal with a variety of difficult issues including death, divorce, illness and child abuse. The term bibliotherapy refers to using books in a way that they are ‘therapeutic in the sense that they help children work through a crisis’ (Pamela A. Kramer. *Using literature to enhance inclusion*. Contemporary Education. Winter 1999).

### Locating Curriculum Library Materials in PantherCat:

<https://library.uwm.edu/cgi-bin/Pwebrecon.cgi?DB=local&PAGE=First>

1. Select search by “Keyword (and, or, not)”
2. From the Quick Limit drop down menu choose “Curriculum Library”
3. Enter a keyword into the search box
4. Click on “Search”

Possible keyword search terms:

Abuse	“Emotional problems”	Poverty OR poor
Adoption	“Foster home”	Prejudice
Alcoholism	Friendship	Runaway
Behavior	Grief	“Self acceptance”
Bully or bullies	“Growing up”	“Self esteem”
Courage	Lonely OR loneliness	Shy OR shyness
Death	Love	“Single parent”
Divorce	“Mental illness”	Violence
Dreams	Moving	

### Locating Materials about Bibliotherapy

In PantherCat:

1. Search the term bibliotherapy by either Keyword (and, or, not) or Subject Heading.
2. To refine the search use the Boolean operators: and, or, not to add other keywords to bibliotherapy (i.e. bibliotherapy and children).

In the UWM Libraries Databases:

<http://www.uwm.edu/Library/databases/>

1. On the UWM Libraries homepage, under “Find Articles” click on “Subject Guides” and then choose “Education.” Choose a database from the list; the majority will have articles related to bibliotherapy.
2. Do a keyword search of bibliotherapy.
3. To refine a search use the Boolean operators: and, or, not to add other keywords to bibliotherapy (i.e. bibliotherapy and children).