

## Libraries

# HEALTH

The Media Library, located on the lower level west wing, has over 9,000 videotapes, DVDs and audiobooks covering a multitude of subjects. Below is a listing of titles currently available on the topic of Health. For more information on these titles, consult the Libraries' online catalog. UWM faculty, staff, teaching assistants, research assistants, and graduate students can check out videotape, DVD and audiobook titles in the Media Library collection for up to seven days depending upon availability. UWM undergraduate students may borrow videotape, DVD and audiobook titles from the Media Library collection, except for titles that have been placed on Media Reserve, for up to three days depending upon availability. For more information consult the Media Library's web page at <http://www.uwm.edu/Library/media/media.html> or phone us at 414-229-4673.

2000 and Beyond: Confronting the Microbe Menace	DVD-0126	Birth Control: Myths and Methods	VHS-2949
Abnormal and Clinical Psychology	VHS-3068	Boys and Girls are Different: Men, Women and the Sex Difference	VHS-3799
Addiction	DVD-2884-7	Brain Power	VHS-4407
Addictions (Mind)	VHS-2520	Brave Heart: Circle of Life	VHS-4628
Advanced Matwork	VHS-5383	Breakdown	VHS-1521
Age of AIDS	DVD-1721	Breaking Leaves: Herbal Medicine in Haiti	VHS-4463
AIDS in America: The Crisis Continues	VHS-5419	Breath (Singer's Voice)	VHS-2426
Alexander Technique	DVD-1720	Breathing Freely: Controlling Asthma Triggers	VHS-5630
Alternative Fix	DVD-0793	Breathing Lessons: The Life and Work of Mark O'Brien	VHS-2794
Alzheimer's Disease: S.A.F.E. Response Techniques in Crisis Situations	VHS-4909	Bridge to the Infinite	VHS-1701
Angry Heart	VHS-5123	Bulimia	VHS-0183
Anorexia is a Greek Word	VHS-1666-7	Burn it Up!	VHS-5437
Aquatics for Children with Disabilities	VHS-3408	Butt Out! The Proven Quit Smoking Plan	VHS-4760
Assessment, Pharmacotherapy and Clinical Management of Depression, Dementia	DVD-1293	Campus Rape	VHS-4533
Audiologic Assessment and Amplification	VHS-2169	Can Buildings Make You Sick?	VHS-3198
Baby Makers	VHS-0636	Can You Say Pregnant? Sure	VHS-1191-2
Baghdad ER	DVD-2538	Cancer in Two Voices	VHS-3218
Be Kind to Your Spine	VHS-5196	Cardiovascular and Metabolic Risks Associated with Schizophrenia	AUD-0157
Bearing Witness: Luke Melchior	VHS-5077	Cardiovascular Effects of Drugs Used in Bipolar Illness/Movement Disorders	AUD-0020
Becoming Who They Were: Building Community Among Elders Living with Dementi	DVD-1996	Carpal Tunnel Syndrome: Causes and Treatments	VHS-4362
Bioterrorism	DVD-2541	Chemical Carcinogenesis: Staging Theory	VHS-0172

Child Brides	VHS-3720	Dangerous Friends and Friendly Enemies	VHS-4481
Child the Stork Brought Home	VHS-3798	Dark Glasses and Kaleidoscopes: Living with Manic Depression	VHS-4885
Childhood: Enchanted Years	VHS-0280	Date	VHS-4532
Childhood's End	VHS-3577	David with Fetal Alcohol Syndrome	DVD-2326
	VHS-1625	Deadly Deception	VHS-0964
Chlamydia: Hidden Disease	VHS-2677		VHS-2446
Choice of a Lifetime: Returning From the Brink of Suicide	VHS-5128	Deadly Dosage: Who's at Fault?	VHS-5069
Choices: Learning about AIDS	VHS-1010	Deadly Parasites	VHS-3721
Choices: Sexuality with Physical Disability	VHS-1446	Dear Diary	VHS-1596
Clockwork Genes: Discoveries in Biological Time	DVD-0125	Death of One's Own	VHS-4904
Clockwork Genes: Discoveries in Biological Time, Programs 1-2	VHS-4625	Death on the Job	VHS-2597
Clockwork Genes: Discoveries in Biological Time, Programs 3-4	VHS-4626	Debunking the Myths About Marijuana: What Can Your Community Do?	VHS-4726
Code Gray	VHS-0100	Dedicated to Service: A Career in Veterinary Medicine	VHS-5291
Communication Sequelae of Otitis Media	VHS-2152	Defenders: A History of the Birth Control Movement in Wisconsin	DVD-1565
Complaints of a Dutiful Daughter	VHS-4864	Depression	VHS-1460
Condoms and Common Sense	VHS-5288	Development (Mind)	VHS-2519
Controlling Cancer Pain	VHS-4050	Development of the Adult	VHS-1316
Controlling the Factors of Asthma	DVD-0753	Development of the Child: Language	VHS-1322
Controlling Your Risks: HIV in the Research Laboratory	VHS-4633	Developmental Evaluation in Infancy	VHS-1181-2
Coping with Allergies	VHS-4759	Dialogues with Madwomen	VHS-5406
Cost of Living	VHS-5854	Dieting: Danger Point	VHS-0600
Cry the Eagle: A Call to Drive Safe and Sober	VHS-3959	Different Kind of Care	VHS-4903
Crystal Meth	DVD-3323	Digestion: A Tough Dirty Job, It Takes a Lot of Guts	VHS-1851
Curing Cancer (DNA)	DVD-0394	Discovering Psychology, Programs 11-12	VHS-2114
D.E.S.: An Uncertain Legacy	VHS-2964		VHS-1326
Daddy is 17	VHS-1626	Discovering Psychology, Programs 1-2	VHS-2111
Dance Therapy: Power of Movement	VHS-0089		VHS-1325

Discovering Psychology, Programs 13-14	VHS-2115	Don't Lose Sight of Eye Disease	VHS-3936
	VHS-3359		VHS-3958
Discovering Psychology, Programs 15-16	VHS-2116	Double Helix	VHS-1736
	VHS-1408	Double Life of RNA	VHS-5309-10
Discovering Psychology, Programs 17-18	VHS-2117	Down Syndrome: The First 18 Months	DVD-0210
	VHS-1409	Dr. Solomon's Dilemma	VHS-4830
Discovering Psychology, Programs 19-20	VHS-2118	Drug Abuse: Sort it Out	VHS-1029
	VHS-1425	Dupuytren's Contracture: Surgical and Therapeutic Treatments	VHS-4339
Discovering Psychology, Programs 21-22	VHS-3413	Dying to be Thin	DVD-2897
	VHS-2119	Dynamic Physical Education for Elementary School Children, Tape 1	VHS-4044
Discovering Psychology, Programs 23-24	VHS-2120	Dynamic Physical Education for Elementary School Children, Tape 2	VHS-4045
	VHS-1654	Dynamic Physical Education for Elementary School: A Quick Video Review	VHS-4043
Discovering Psychology, Programs 25-26	VHS-1375	E.Coli: Case of the Mysterious Microbe	VHS-3449
	VHS-2121	Ears and Hearing-Revised	VHS-1180
Discovering Psychology, Programs 3-4	VHS-2112	Ease Into Fitness: Beginner Workout for People with Developmental	VHS-4781
	VHS-3361	Easy Breathers	VHS-4567
Discovering Psychology, Programs 5-6	VHS-2101	Eat, Drink and Be Wary	VHS-0880
Discovering Psychology, Programs 7-8	VHS-5347	Ebola: Plague Fighters	VHS-2925
	VHS-2113		VHS-2603
Discovering Psychology, Programs 9-10	VHS-3358	Effective Listening	VHS-3093
	VHS-1950	Elephant Man	DVD-1960
	VHS-2199	Emergency Medical Services Public Information, Education and Relations	VHS-2707
Disease and Health	VHS-0097	Emerging Viruses	VHS-4373
DNA: Blueprint of Life	VHS-1647	Environmental Justice: The Power of Partnerships	DVD-4052
Does Doctor Know Best?	VHS-3968	ER Season One	DVD-2346-9
	VHS-1544	Essential Matwork	VHS-5386
Don't Be Blind to Diabetes	VHS-4086	Everyday Miracle: Birth	VHS-0974

Facilitating the Components of Gait	VHS-2327-8	Help! I'm a New Parent	VHS-1205
Facts for Boys	VHS-1309	Henry W. Maier State of Milwaukee Summit 2008	DVD-3155
Fallout: Nuclear Energy and Destruction	VHS-5364	Herpes: Evasive Invader	VHS-2094
Famine Within	VHS-3951	Hi Buddy	VHS-4865
	VHS-3161	Hidden Peril of Mixed Bipolar Episodes in Primary Care	DVD-3357
Fat Chance in a Thin World	VHS-0330	Hijacked Brain	VHS-3451
Fear of Fat: Diet and Eating Disorders	VHS-2924	Hospital (Mickey's Field Trip)	VHS-5424
Fiberoptic View of the Vocal Folds	VHS-1644	Hospital Sepsis	VHS-1272
Fight Against Infectious Diseases: From Yellow Fever to AIDS	VHS-2100	House is Black	DVD-3739
First Signs of Washoe	VHS-0594	How Immune Cells Create Trillions of Receptors from a Few Hundred Parts	VHS-4640
First Year	DVD-0423	How the Host Avoids Friendly Fire	VHS-4642
First Year (Nutrition)	VHS-0883	How the Immune System Detects Invaders	VHS-4641
Fitness Fun: Pilates for Kids	VHS-5233	Human Body: Appearance, Shape and Self-Image	DVD-0822
Florida's Challenge: A Guide to Educating Substance-Exposed Children	VHS-4389	Human Brain: Dynamic View	VHS-1177
Foreign Body: Mad Cow Disease	VHS-0949	Human Experiment	VHS-3989
Fragile Promise of Choice: Abortion in the US Today	VHS-3896		VHS-1549
Gender Puzzle	VHS-5825	I Am Joe's Heart	VHS-2077
Generation Upon Generation	VHS-0522	IAQ Tools for Schools Advantage	DVD-0692
Genetic Gamble	VHS-1289	Immune Response	VHS-1078
Genetic Testing for Breast Cancer Risk	VHS-2973		VHS-2076
God Sleeps in Rwanda	DVD-2854	Immunodeficiency: A Disease of Life	VHS-3025
Health and Lifestyle: Positive Approach	VHS-1922		VHS-1775
Health Care: Your Money Or Your Life	VHS-0382-3	In Search of the First Language	VHS-2183
Healthy Way of Life	VHS-4544	In Touch for Life: Lumpectomy Patients	VHS-3035
Heart Attack (Norman Cousins)	VHS-2602	In Touch for Life: Mastectomy Patients	VHS-3036
Heart: Attack	VHS-1363	Incredible Human Machine	VHS-0932
Heartbreak: Of Mutations and Maladies	VHS-4630	Influenza 1918	VHS-4862

Inside Information: Brain and How it Works	VHS-1491	Living with Dying	VHS-4902
Intermediate Matwork	VHS-5360	Long Childhood	VHS-0523
Introduction to Dance Medicine: Keeping Dancers Dancing	VHS-1846	Louis Pasteur	VHS-0939
Introduction to Speech and Language Disorders	VHS-1496		VHS-2089
Issues in Psychology, Volume 1	VHS-3077	Making a Difference: Asthma Management in the School	VHS-3937
Issues in Psychology, Volume 2	VHS-3078		VHS-3957
Issues in Psychology, Volume 3	VHS-3079	Marijuana: Weeding Out the Hype!	VHS-5602
It Can Happen to Anyone: Problem with Alcohol and Medication among Older	VHS-5000	MASH	DVD-2726
Jane: An Abortion Service	VHS-3889	Meaning of Sex: Genes and Gender	DVD-0127
Juvenile Diabetes: One Family's Story	VHS-1527	Meaning of Sex: Genes and Gender, Programs 1-2	VHS-4638
Kidney's Tale: Of Salt and Hypertension	VHS-4631	Meaning of Sex: Genes and Gender, Programs 3-4	VHS-4639
Killer Disease on Campus: Meningitis	VHS-5400	Medical Mysteries #2	DVD-2764
Language	VHS-1461	Medical Mysteries #4	DVD-2751
Last Child: The Global Race to End Polio	DVD-0505	Medicated Child	DVD-3332
Lead Poisoning: A Message to Parents of Young Children	VHS-3942	Meet Your Meat	DVD-0974
Learned Medicine at the Time of Chaucer	VHS-1439	Memory: Fabric of the Mind	VHS-0977
Learning from Patients: The Science of Medicine	VHS-5292-3	Menopause: Our Shared Experience	VHS-3506
	DVD-0709-10	Metabolic Side Effects: Focus on Hypoglycemia and Diabetes/Management	AUD-0019
Leisure	VHS-0107	Miracle of Life	VHS-2209
Leisure Works! Expanding Options for People with Developmental Disabilities	DVD-0202	Mother to Child	VHS-4946
Life Under Pressure	VHS-1533	MS: A Family Affair	VHS-0566
Life's Greatest Miracle	DVD-0791	MS: Managing the Symptoms	VHS-0565
Lifespan Human Development, Volume 1	VHS-3082	Muscle Power	VHS-1517
Lifespan Human Development, Volume 2	VHS-3083	My Mom has Breast Cancer	VHS-2943
Lifestyles/Lifestages	VHS-3149	Nerves at Work	VHS-1529
Living and Loving: Sexuality and the Prostate Patient	VHS-3040	New Approaches to Managing Difficult-to-Treat Depressions	AUD-0022
Living with AIDS	VHS-1055	Newborn	VHS-0972

NHANES III: Anthropometric Procedures	VHS-3168	Phenomenon	DVD-2709
No Heroic Measures	VHS-0920	Philadelphia	DVD-0427
No Regrets	DVD-0647		DVD-1271-2
No Way Out	DVD-3709	Physical Fitness in the Later Years	VHS-2028
Nonverbal Communication	VHS-3055	Pieces of Mind: Inside the Human Brain	VHS-3136
Normal Speech Articulation	VHS-1156	Pinks and the Blues	VHS-0033
Nutrition for Sports	VHS-1264	Power Mat Workout	VHS-5222
Odds of Recovery	DVD-2075	Practicing Safe Science	VHS-4634
On With Life: Practical Information on Living with Metastatic Breast Cancer	VHS-2944	Precious Cargo	VHS-2912
Osmosis Jones	DVD-2305	Pregnancy/Lactation	VHS-0936
Our Talented Brain	VHS-1489	Prenatal Development	VHS-0603
Overcoming Irrational Fear of AIDS	VHS-0363	Professional Ethics (Recreation Therapy)	VHS-0644
Own Your Future: Planning for Long-Term Care	AUD-0461	Prostate Cancer Treatment: Understanding Your Options	VHS-3041
Oxidative Phosphorylation	VHS-1649-50	Protecting Your Newborn	VHS-2844
Pain and Healing	VHS-2521	Protecting Your Newborn-Spanish Version	VHS-2916
Pap Test and Cervical Cancer	VHS-1270	Psychosocial Intervention in AIDS	VHS-0362
Paralyzing Fear: The Story of Polio in America	DVD-0503	Quality of Life	VHS-3056
Part of Daily Life: Alzheimer's Caregivers Simplify Activities and the Home	VHS-4340	Question of Genes: Inherited Risks	VHS-3788
Partners in Recovery: Creating Successful Practitioner Consumer Alliances	VHS-5889	Question of Immunity	VHS-1047
Passing the Bug: The End of Antibiotics?	VHS-3484	Q-Wit Smoking Now!	DVD-3460
Patch Adams	VHS-1623	Rabies	VHS-4082
Patents and Patients	VHS-5852	Ramp it Up!	VHS-5436
Patient to Patient: Cancer Clinical Trials and You	VHS-3489	Red Ribbon Around My House	VHS-4882
Paying the Price	VHS-5861	Redesigning the Human Machine	VHS-2635
People with Diabetes can Enjoy Healthier Lives	VHS-1964	Remaking American Medicine	DVD-2069
Percy Julian: Forgotten Genius	DVD-3674	Residents Have the Answers: Improving Quality of Life in Long-Term Care	VHS-4907
Period: The End of Menstruation?	DVD-1610	RX for Survival, Programs 1-2	DVD-2354

RX for Survival, Programs 3-4	DVD-2355	Sowing Seeds of Hunger	VHS-5849
RX for Survival, Programs 5-6	DVD-2356	Spin the Bottle: Sex, Lies and Alcohol	DVD-0829
RX for Survival: The Heroes	DVD-2539	Stalking the Elusive Pathogen	VHS-4643
RX: Therapeutic Recreation	VHS-1716	Start it Up!	VHS-5435
Safety in the Research Laboratory Set One	VHS-4646	State of Denial	VHS-4938
Safety in the Research Laboratory Set Three	VHS-4648	State of Mind	VHS-2425
Safety in the Research Laboratory Set Two	VHS-4647		VHS-0274
Science of Fat	DVD-0703-4	STD: More Bugs, More Problems	VHS-2086
	VHS-5272-3	Still Breathing	VHS-4910
Sea Inside	DVD-1013	Stop the Sale: Prevent the Addiction	VHS-2428
Search for the Mind	VHS-2518	Stress and Emotion	VHS-0270
Secret of the Wild Child	DVD-2220		VHS-2421
	VHS-2214	Sudden Infant Death Syndrome: A Video on Helping to Reduce the Risk	VHS-3934
	VHS-4794	Sue the Doctor?	VHS-1413
Secret to Flat Abs	VHS-5351	Super Size Me	DVD-0502
Sex: Unknown	VHS-5692	Surviving AIDS	VHS-4166
Sexually Transmitted Disease: Straight Talk	VHS-5285	Susceptible to Kindness: Miss Evers' Boys and the Tuskegee Syphilis Study	VHS-4606
Sicko	DVD-3684	T'ai Chi Fundamentals for Health Professionals and Instructors	VHS-3882
Significant Journey: Breast Cancer Survivors and the Men Who Love The,	VHS-3092	Tai Chi: 6 Forms, 6 Lessons	VHS-5726
Silverlake Life: The View From Here	DVD-3673	Take it Off! The One Eating Plan that Doctors Recommend	VHS-4761
Skins	DVD-0185	Taking Control of Depression: Mending the Mind	VHS-4762
Slim and 6pack: AB Trimming Routine	VHS-5434	Taking Our Bodies Back	VHS-0990
Slim and Limber: Stretching Routine	VHS-5433	Tale of Transformation: 4 Stages to Tell the Story	DVD-2008
Slim Hopes: Advertising and the Obsession with Thinness	VHS-3579	Tap into Prevention: Drinking Water Information for Health Care Providers	VHS-5313
	VHS-2952		DVD-0594
Smoke and Mirrors: A History of Denial	VHS-4932	Teaching Children Physical Education: Becoming a Master Teacher	VHS-4046
Social Impacts of New Medical Knowledge	VHS-3748	Teenage Drinking: National Crisis	VHS-0978

Teenage Sexuality	VHS-1188	Viruses	VHS-3732
Telltale Genes: Charting Human Disease	VHS-4629	Vision and Movement	VHS-0268
Testifying in Court: A Guide for Child Protective Service Workers	DVD-3068		VHS-2419
Therapeutic Communication	VHS-3054	Vocal Fold	VHS-1645
Thin	DVD-2719	Vocal Tract	VHS-2613
Thinking (Mind)	VHS-2522	Voice Production: The Vibrating Larynx	VHS-1119
Thinking Machine	VHS-2619	Water!	VHS-1518
Time to Change	VHS-4905	What Man Shall Live and Not See Death?	VHS-0043
To Your Heart's Content: Positive Approaches to Fitness	VHS-2095	What's New About Menopause	VHS-2192
	VHS-2083	When Abortion Was Illegal: Untold Stories	VHS-3894
Toddler to Teens	VHS-0935	When Billy Broke His Head and Other Tales of Wonder	VHS-2938
Trauma and Stress: Diagnosis and Treatment	AUD-0024	When Someone Dies: Understanding Grief	VHS-4868
Treating Depression: New Choices for a Chronic Problem	AUD-0021	When Someone You Love has Prostate Cancer	VHS-3039
Treatment for Bipolar Disorder During Childhood, Adolescent and Young Adult	AUD-0155	When the Brain Goes Wrong	VHS-3200
Treatment of the Child with Hypotonia	VHS-2252	Who Should Survive?	VHS-1378
Trigger Finger: Surgical and Conservative Treatment Approaches	VHS-4337	Who's Normal Anyway?	VHS-5397
Truth About Suicide: Real Stories of Depression in College	DVD-0469	Whose Life is it Anyway?	VHS-3765
Two Brains	VHS-0272	Wit	DVD-0200
	VHS-2423	Without Motorcycle Helmets We All Pay	VHS-3196
Two Hearts that Beat as One	VHS-1524	Women and AIDS: A Survival Kit	VHS-2947
Typhoid Mary: The Most Dangerous Woman in America	DVD-1939	Women are Pathologists	DVD-2954
Unnatural Causes: Is Inequality Making Us Sick?	DVD-3112	Women are Surgeons	DVD-2982
Using the Newer Anticonvulsant Mood Stabilizers in Bipolar Disorder	AUD-0023	Working with Stress	DVD-0146
Venereal Disease: Hidden Epidemic	VHS-2326	Workplace Violence: Proactive Strategies	VHS-5646
Video Atlas of Human Anatomy: Upper Extremity	VHS-5107		
Video Introduction to Adult Swallowing Disorders	VHS-4190		
Violent Mind	VHS-2512		

**Total Titles:**

417