Core Survey Project
Increased awareness of alcohol and drug use on UWM campus and in student community. Alcohol and drug use on campus and the surrounding neighborhood was targeted in several ways. Surveys of students, staff and faculty were conducted which measured consumption and attitudes toward alcohol and drug use. Focus groups were led by a cross-disciplinary team that spoke to a wide variety of student groups to determine what current perceptions were at UWM on alcohol and drug use and to provide students with information about actual use. These surveys were completed over a year ago and the data were analyzed and presented to administration at UWM. The surveys need to be updated and it will be a challenge with a decreased budget to continue this project. The faculty involved in the project would also like to provide more analysis of the alcohol and drug use among faculty and staff at UWM. Due to decreased funding, this aspect of the survey is in jeopardy. These projects are extremely time and labor intensive and require strict supervision in order to maintain IRB standards and accuracy. The primary costs of the surveys are printing and mailing.

MPS School Safety Initiative
The data for this outcome has been collected and analysis has been started. The overall purpose of the project is to examine the effectiveness of the middle school coordinators and the impact of alcohol, tobacco, and other drug abuse and violence prevention curriculum in eight schools. The final report is currently in process.

New Healthy Choices Course Offering
This course was first offered in the Fall 2001 semester and has proven to be of interest to incoming students in the Schools of Nursing, Social Welfare and College of Health Sciences. It is entitled “From Personal Health to Community Action” and stresses issues of young adulthood and service to the community. The course has extremely positive evaluations from the students and they indicated that they learned a lot about issues young adults face. The course will be taught this fall semester and will be monitored at various stages to determine how effective it is in meeting its goals of improved retention rates of incoming freshmen and decreasing alcohol and drug use on campus and furthering healthier life choices for students. Unfortunately, due to HCI budget cuts and lack of formal budget decisions it is difficult for the instructors to expand the course to include a pilot interactive internet educational program which is designed to track changes in behaviors related to alcohol use.

UWM Campus Environment
This outcome is still in process. A report is being written detailing suggestions that UWM could put in place to instill healthier outlooks and decision by staff and students.

Social Norms Marketing Research Project
UWM is one of 32 universities participating in an experimental study to determine whether giving students accurate information about alcohol use on campus can lead to a decrease in misperceptions and a decrease in high-risk alcohol consumption. The purpose of this project is to inform the campus as to what normal alcohol use entails and to correct the perception of alcohol abuse that “everyone does it.” Various media and publicity events were done throughout the campus in order to reach the maximum amount of students. There are multiple units on campus involved in the project and it is an example of students, and various disciplines working together to coordinate activities.
VTC Project
A questionnaire was developed for use at Vocational Schools in order to create and improve for the system to determine a baseline for AODA use and to develop programs based on the results. The questionnaires were completed and the data are being analyzed.

Alcohol Screening Day
The purpose of this event was to provide an opportunity for students to assess their alcohol use in consultation with a campus professional. A number of students took advantage of this opportunity and the AODA Task Force is looking into how to make the assessment an on-line opportunity. UWM students were screened and personal consultation was available to students if desired. It was considered a great success and the students who participated genuinely like the options.

Self-Help Guide
The Self-Help Guide and its accompanying Resource List was revised, updated and 15,000 were printed. It is one of the most requested products that we produce. It lists in English and Spanish alcohol and drug treatment and specialty healthcare providers in the Milwaukee Metropolitan area. It is extremely time consuming to keep an accurate listing of treatment providers, their current services, and locations. The largest cost of this project is printing. Due to HCI budget cuts, this project may not be able to continue during the next fiscal year.

Young Adult Impaired Driving Prevention at UWM
Mostly funded by the Bureau of Transportation, this study focuses on decreasing the number and percent of 21-26 year old drinking drivers involved in crashes and lowering the percentage of drivers killed with a blood alcohol level test at .1 over above. A baseline of UWM alcohol related crashes, injuries and fatalities for the age group 21-26 for the 53211 zip code is being developed. The project seeks to increase the use of safe ride programs especially during high-risk alcohol consumption times and increase the number of students who refuse to ride with impaired drivers. A 21st birthday card was developed to encourage students to make healthy choices on their birthday and will be piloted during the 2002-03 academic year.

Tobacco Research and Intervention
This project sought to develop a social norms questionnaire related to cigarette smoking and to identify the scope of tobacco use on the UWM campus. Focus groups were conducted on campus to determine attitudes about tobacco use policies and effective smoking interventions and a campus wide survey was completed to measure tobacco use and attitudes. Results of the study will be shared with campus officials in hopes of developing more restrictive policies and offering more cessation resources on campus.

Panther Choices
The Panther Choices program aims to reduce the rate of high risk drinking among student athletes and create a campus environment that supports personal choices that are legal, appropriate, and safe. A Student Athlete Mentor (SAM) will work with the teams and the activities of SAMs will be integrates with the Social Norms Marketing Research Project. Resource guides for student athletes on alcohol-free recreation activities in Milwaukee will be developed. It can be difficult to counter the sheer volume of advertising and other alcohol promotion that is targeted to young adults, especially athletes.

Practice Research Collaborative
The project’s goal is to improve training for AODA counselors. An infrastructure was established between providers, researchers, and institutions. The activities planned for 2001 were curtailed by the State’s budget cuts, and by changes in the leadership at the Single State Agency. It remains to be seen whether or not the goals established can be accomplished.
Colloquium Series
The division has established an ongoing series to present best practice and research in substance abuse prevention and treatment. A formal arrangement has been established with UWM Outreach to host the series, and the division has established partnerships with community agencies for setting training agendas. Funding to provide ongoing financial support to increase training availability for community providers is being sought.

NIAAA Sponsored Contract for AODA Curriculum in Social Work
All current SW curriculums in alcohol training were reviewed and national social work education mechanism was established. Dr. Audrey Begun is close to completing the project.

Hmong Community Needs Assessment
This small project evaluated the need for services among the Milwaukee Hmong population and helped the Hmong have increased access to services. An executive summary of finding and recommendations for program planning and service delivery was delivered and the finding were discussed.

Center Symposium
An annual event, the large symposium offers researchers and practitioners in AODA a forum in which to exchange views and experiences. This year a partnership with Milwaukee County has been established and the symposium will be tailored to provide specialized training for counselors and therapists in the AODA fields. The usual audience for the symposium is a mix of students, medical professionals, therapists, program administrators, and academics.

NIAAA Sponsored Collaboration at Meharry Medical School
This collaboration between HCI/UWM and Meharry Medical School (an Historically Black College and University) is supported by the National Institute on Alcoholism and Alcohol Abuse and seeks to improve minority research capabilities and lessen disparity between HBCUs and other institutions for research funding. It also seeks to address increased treatment research for AODA issues in specific populations. This project has been expanded during the past year with additional contract funding, and the submission of two NIH grant applications. HCI/CABHR has taken a much more active role in training the staff at Meharry as well as providing grant consultation and other functions. A formal inter-institution agreement for collaboration has been established to promote research participation for faculty and staff at both institutions.

Central Intake Unit Project
The project, which is in the planning phase, will enable training, consultation, and collaboration between CABHR/HCI staff and 2 non-profit community agencies (IMPACT and M&S Clinical Services) to develop research infrastructure and training opportunities. The collaboration would address assessment and referral processes at the 2 agencies and increase the level of referral compliance of AODA clients in Milwaukee County.

Rogers Memorial Hospital Psychometric Lab
CABHR/HCI staff and Rogers Memorial Hospital are collaborating on developing a psychometric lab to engage in clinical assessments and outpatient treatment studies. This lab will improve clinical services to patients while simultaneously allowing advanced experience for graduate students. The lab will also support development of research grant proposals and increase research participation for faculty, staff, and students.
**Project COMBINE**
This multi-site, collaborative NIH study is in its 4th year. UWM’s clinical trials unit has one of the best patient recruitment and retention records among the 11 national sites. The project is estimated to last at least another two years and this far enabled us to train therapist, medical staff, and students in the latest pharmacological and psychotherapy techniques for alcohol dependence and offer patients a free and confidential means of treating alcohol dependence. The study has generated a great deal of media coverage for UW-Milwaukee and has enabled HCI/CABHR to successfully apply for ancillary and complementary pharmaceutical studies. Approximately 80 patients from the Milwaukee area have been enrolled to date.

**Alcohol & HIV Risk**
Although this project is progressing to the Medical College and funder’s satisfaction, some delays and issues have arisen in patient recruitment among the targeted population of the severely mentally ill. Specifically, some of the patients are difficult to follow up as they may not have structured lives or may not be willing to commit to more than one therapy session. The study seems to illustrate how truly vulnerable this population is to disease, public health issues and predatory individuals. Several people from UWM’s College of Health Sciences, School of Social Welfare as well as certified and trained people from private and public health organizations have been collaborating on the study. The project will last approximately one more year.

**Milwaukee County AODA/TANF**
The TANF project assesses Milwaukee County treatment for TANF participants with AODA issues and analyzes intake and service issues in various provider issues. Over 800 women have been screened to date and AODA services to low-income women and families have been improved. Families and individuals are given assistance to cope with the effects of alcohol and other drug abuse. The yearly contract extensions have been complicated due to budget constraints.

**Brief HIV Risk Reduction Counseling**
This project screened patients at risk for HIV and other sexually transmitted infections and has allowed UWM through HCI-CABHR to participate in additional studies at the Medical College of Wisconsin. HCI/CABHR has increased the amount and scope of the studies done in collaboration with the Medical College of Wisconsin. These studies increase the visibility of UWM and its expertise in the medical and larger community.

**Alcohol Health Services Delivery**
A collaborative study between Marquette, UWM and Covenant Behavioral Health, this project is investigating the impact of managed care on the help-seeking experience of individuals receiving alcohol treatment. The project, which is funded by NIAAA as a developmental grant, has enabled HCI/CABHR to pursue original research in the local behavioral health care providers. Plans are underway to continue this line of research within the next year.

**COMBINE Economic Study**
This study seeks to promote treatment for alcoholism by providing cost benefit data to providers. It is hoped that the study can prove that by treating alcoholism with appropriate means that costs for health care providers can actually be lessened in the future by better controlling accidents, degenerative disease, mental illness and other effects of alcohol dependence. This study is an outgrowth of the Project COMBINE study and recruitment was initiated in 2002.

**Project REFER**
This project provided specialized and advanced training to therapists treating alcohol problems in managed care settings. Funded by the Center for Substance Abuse Treatment, the project compared the effectiveness of a motivational treatment to “standard care” for alcohol problems. Center staff are preparing the treatment manual, training and supervision materials for publication.
BiPolar Disorder Study
This study provided a new treatment option to patients in the Milwaukee area for this disturbing illness. The study also attempted to increase community health and raise awareness of this illness. The project enabled HCI/CABHR to expand into new areas for research and develop stronger working relationship with other funding agencies.

Medisorb Study
The project will study the long-term safety of medication for alcohol dependent patients and provide free and confidential treatment to a subset of the adult population of the Milwaukee area. The project seeks to increase the health of the Milwaukee community and develop original protocols.

Project ACHIEVE
Project ACHIEVE will evaluate the efficacy of a HIV risk reduction intervention that combines a brief alcohol intervention and HIV test counseling. The study will train counselors in specific intervention techniques and provide free services for clients at inner-city health agencies. The study will test new interventions and improve identification of at-risk clients for HIV and other STDs. The study has only recently begun to recruit participants and is expected to run for at least 3 years.

Shared Family Care Project
The project’s goal is to preserve intact but at-risk family units by placing entire families in out-of-home care and mentor child welfare families on appropriate child rearing and caretaking strategies and techniques. The birth parents were given educational and job training opportunities and the host families were trained in problem solving, conflict resolution, fiscal management and other skills. HCI/CABHR was assigned the contract for project evaluation. Because of state budget deficits placing constraints on funding resources, the decision was made to drastically “downsize” the scope of the project and discontinue the evaluation effort.

Healthcare for the Homeless
The homeless population presents special challenges for providing substance abuse services. The study seeks to reduce morbidity and mortality within the homeless population and reduce the frequency and severity of intoxication among the homeless population. Referrals to appropriate programs and dedicated and coordinated case management and treatment planning are provided. As of July 22, 2002 a total of 81 homeless people have been served. Project updates to SAMHSA/CSAT have been met. The biggest challenge of this project has been to keep track of project participants who are transient and fiercely independent, and in turn, to maintain effective outreach and ongoing case management services.

Comprehensive Screening Process for W2
This project seeks to train and equip staff with tools to screen W-2 participants for unidentified/unknown conditions that interfere or limit their participation in job training/employment programs. Work has been done in collaboration with UW-Oshkosh and Wisconsin Department of Workforce Development to get expert consultation on the design, development, and administration of the screening protocol. The tools are being field tested during the month of August 2002 at various sites around the state, including Milwaukee. The project is targeted for completion in October, 2002.

Cocaine Families Project
Cocaine Families Project’s goal is to increase participation of Latinas in drug treatment and increase family services to Latinas and single parent families. Evaluation of system outcomes at United Community Center, the first residential treatment program for Latinas in Wisconsin will be completed. Best practice models for specific ethnic and gender groups will be developed and used on a national basis.