November Success Story

Building Confidence

Although today’s economic market can be daunting, sometimes all job seekers need is a boost of confidence to find their path. After spending her college years preparing to become a teacher in a local school district, Melissa Conti wasn’t expecting the brutal reality of a bureaucratic system, frequent lay-offs, budget cuts and limited administration support.

“I was miserable and hated every second of my job, including who I worked for. Deep down in my heart I knew I wasn’t in the right place” she says, “But I didn’t think it was possible to do anything outside of teaching.”

She contacted the Career Transitions Center in September 2011 after three years of frustration and finally admitted that she needed help making the break.

“The staff was amazing and connected me with Rachelle right away. She listened attentively to my situation and understood my desperation for help. She got me an appointment the same day and went through a series of questions to find out more about me, what I wanted and ways she could help”, Melissa stated.

Melissa decided on the Enhanced Career Coaching Package and within two days had an appointment with her coach, Jayne Holland. Jayne encouraged her, motivated her and helped Melissa identify her personality, goals and first steps in making a change. One of the first things they tackled was making Melissa’s resume marketable outside of the world of elementary education. They were able to draft a professional resume using transferable skills and qualifications, highlighting Melissa’s strengths. Jayne also suggested using networking and social media to reach out to friends, family and contacts who could help provide opportunities. While at dinner, a friend suggested Melissa apply at Forward Dental for a Team Lead Position. Melissa sent her new resume and within one week, she had interviewed and was offered the position.

“Though it is possible for me to have run into this job without the CTC, I would never have had the confidence to make the leap. My past resume would not have caught their eye and I would have never been able to market myself in the business world.”

“Getting introduced to Jayne and the CTC staff saved my life! I am happier, more fulfilled, less stressed and now able to focus on graduate school. The coaching package was the best purchase I made all year. I couldn’t thank them enough!”