Fall 2018

Course Number & Title: NURS 103-002 Freshman Seminar
Tuesday 11-12:15 pm Cunningham Hall G40

Credits: 1

Prerequisites: Admission to the Pre-Nursing Program

Faculty: Kim Litwack PhD RN FAAN APNP
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        Office phone: 414-229-4189
        Preferred pronouns: She, her, hers
        Communication: Email; Office hours by appointment

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        Email address: kjansen@uwm.edu
        Office phone number: 414.229.2340

Catalog Description:
Designed to orient students to nursing through self-assessment, career exploration, problem-solving, study skills, and goal setting.

Course Description:
An introduction to the student role and responsibilities in university life. An overview of the profession of nursing, the College of Nursing, and academic requirements will be provided. Specific strategies for academic and personal success will be explored.
Course Objectives:
The overall goal of this course is to introduce first year students to the opportunities and rigors of higher education as well as ease the transition of freshmen students into the academic setting, to establish patterns of success and to explore future opportunities as a professional nurse. The specific objectives of the course are to:

1. Utilize academic resources and success-promoting student behaviors
2. Understand the requirements for and the changing role of the professional nurse.
3. Engage in social and personal development activities within the UWM campus community.

Textbooks and Readings:
Required: No textbooks are required

Evaluation/Grading
The following are the components of your grade in this course: (100 possible points)

<table>
<thead>
<tr>
<th>Component</th>
<th>Due Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class Activities</td>
<td></td>
</tr>
<tr>
<td>• Attendance &amp; participation</td>
<td>Weekly (5 points/class)</td>
</tr>
<tr>
<td>(45 possible points)</td>
<td>September 18</td>
</tr>
<tr>
<td>• Canvas uploads and postings</td>
<td>October 9</td>
</tr>
<tr>
<td>(30 possible points)</td>
<td>October 30</td>
</tr>
<tr>
<td>• IPE Activity (5 possible points)</td>
<td></td>
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<tr>
<td>• Why Nursing? Why UWM? Why Me?</td>
<td></td>
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<tr>
<td>(20 possible points)</td>
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</table>

NOTE: There is no final examination in this course.
Description of assignments

**I. Class Activities/Participation** (Objectives 1, 2 and 3)
Being a good participant in class requires being present. There are 5 points for each class session. **Lost participation points cannot be recovered or made up.**

**II. Canvas uploads and postings** (Objective 1 and 3)
In follow up to the in class resource presentation on Sept 4, you are required to upload three photos and three paragraphs (in one document) to the Canvas class site following the instructions provided in class. **Due date is Sept 18, 5pm.**

**III. IPE Activity** (Objective 1, 2 and 3) **Due date is October 9, 5pm. Details provided in class**

**IV. Why nursing? Why UWM? Why me?** (Objective 2)
Each of you have declared nursing as your intended major, and have enrolled at UWM. In a maximum of two pages, you are required to respond to the prompts provided on the grading rubric. **Due date is October 30, 5pm.**

<table>
<thead>
<tr>
<th>Grading Scale:</th>
<th>95-100</th>
<th>87-90</th>
<th>79-82</th>
<th>72-74</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93-94</td>
<td>85-86</td>
<td>77-78</td>
<td>70-71</td>
</tr>
<tr>
<td>A-</td>
<td>91-92</td>
<td>83-84</td>
<td>75-76</td>
<td>00-69</td>
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<tr>
<td>B</td>
<td>87-90</td>
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<td>72-74</td>
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<td>B-</td>
<td>83-84</td>
<td>75-76</td>
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<td>79-82</td>
<td>72-74</td>
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<td>75-76</td>
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<td>D</td>
<td>72-74</td>
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</tbody>
</table>

1. **Attendance Policy:** Students are expected to be active participants in the learning process, complete all readings and assignments and participate in classroom discussions. Points will be lost for missing class (5/class). **Lost participation points cannot be recovered or made up.**

2. **Investment of Time:** For 1 credit, the student spends one hour a week in class, and 2 hours a week outside of class, i.e. 3 hours weekly on the class. In a 15 week semester the student spends 45 hours on a 1 credit class.
3. **Course Expectations:**

- **Respect:** While we may have our differences, the College of Nursing’s core values of *diversity, social justice, human dignity* and *integrity* are dependent upon a culture of respect. An additional value of *accountability* means each individual in the class is accountable for their own actions.

- Students are expected to demonstrate initiative and self-direction and to be active in the process of self-appraisal.

- Students are expected to attend classes, to complete assigned assignments, and to make active contributions to class discussions.

- The student is expected to identify and discuss potential academic concerns with the Professor so appropriate intervention can be implemented.

- The use of cell phones or pagers in the classroom is inappropriate. Cell phones, pagers, and beepers must be turned off or set to “vibrate” during the class period.

- All students are expected to check their UWM email and the course Canvas site daily.

**ACADEMIC INTEGRITY**

Students are expected to demonstrate academic integrity in all course activities. Academic integrity requires honesty concerning all aspects of academic work including:

- Correct procedures for citing sources of information, words, and ideas
- Ways to properly credit collaborative work with project team or study group members
- Strategies for planning and preparing for examinations, papers, projects and presentations.

Students are encouraged to consult with faculty regarding any questions about appropriate behaviors to maintain academic integrity. Any violation of academic integrity will result in a zero on the assignment and may result in additional sanctions consistent with university policy.
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Class Information</th>
</tr>
</thead>
</table>
| Sept 4 | Introductions  
Overview of course  
Course expectations/rules  
| Sept 11| Diversity Resources on Campus              | Mai Yer Vang: Inclusive Excellence Center  
Marvette Lacey-Women’s Resource Center  
Jennifer Murray: LGBT+ Resource Center                                                                                                                  |
| Sept 18| Smart behavior  
Nursing Major and the criminal background check | Campus Police Officer Craig Rafferty  
Clinical Placement Coordinator Chris Peters  
(peterscc@uwm.edu)  
**Campus resources assignment due to Canvas by 5pm**                                                                                                  |
| Sept 25| IPE Activity                                | **Reminder: Health Professions Career Fair October 1, Monday 3-6 pm in the Union Ballroom**                                                                                                                       |
| Oct 2  | Global Health Study Abroad                 | Dr. Anne Dressel  
Center for International Education/Study Abroad Office                                                                                                                                                    |
| Oct 9  | Keeping Yourself Healthy                   | Dr. Julie Bonner Norris Health  
**IPE Activity due**                                                                                                                                                                                          |
| Oct 16 | Discover Nursing                           | [www.discovernursing.com](http://www.discovernursing.com) (explore specialties)                                                                                                                                  |
| Oct 23 | Community Nursing Centers  
Service Learning Activity | Jean Bell Calvin MSN: CNC Nursing Director  
**Bring new personal hygiene product(s) to class for donation to the Community Nursing Centers.**                                                                                               |
| Oct 30 | Team Building                               | **Why nursing? Why UWM? Why me?**  
**Assignment due to Canvas by 5pm**                                                                                                                                                                          |
Resource Assignment: (30 points)

1. In class activity: Watch the “NURS 103 Exploring UWM Resources”

2. Decide which three resources (one from each category - academic, safety/health, social and involvement) you will visit. Research online and through conversations with others (RA, students, advisors, professors, etc).

3. Visit three resources and take a picture with you in it, showing you in or by the resource. Observe and gather information for your post, including but not limited to:
   - Location
   - Days/hours
   - How to schedule, if applicable
   - How to use/what occurs at/with this resource
   - Who uses this resource

4. In D2L, under “Exploring UWM Resources”, post your completed assignment by the due date of September 18 including:
   - One paragraph minimum/each for EACH of the three resources, which includes the above observations/information.
   - One picture minimum/each of the three resources visited

Grading Rubric:

<table>
<thead>
<tr>
<th>Full credit:</th>
<th>Posting includes one full paragraph and picture demonstrating visit and learning of three resources, one from each category by due date.</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 points/photo</td>
<td></td>
</tr>
<tr>
<td>5 points/description</td>
<td></td>
</tr>
<tr>
<td>Max 30 points</td>
<td></td>
</tr>
</tbody>
</table>

| Lost points: | For each missing photo or each missing description, 5 points will be lost. Late postings, 5 points lost. |

Total points: ________________
IPE Activity Assignment (5 points)

1. Due date October 9, 5pm.

Why Nursing? Why UWM? Why Me? Assignment (20 points)

1. Submit a MAXIMUM of two page response to the following three prompts:
   a. Why did you select nursing as a major? (minimum of 3 reasons)
   b. Why did you chose UWM? (minimum of 3 reasons)
   c. What about you, your background, your experience would make you a good nurse? (minimum of 3 reasons; able to define a “good nurse”)

2. Submit to Canvas by 5pm October 30.

Grading rubric

<table>
<thead>
<tr>
<th>Full credit: Max 25 points</th>
<th>Prompt 1 and 2: Each addressed with three reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Prompt 3: Addressed with three reasons. Good nurse defined. Ties the two together.</td>
</tr>
<tr>
<td></td>
<td>Assignment is written without spelling or grammatical errors, (5 points)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Lost points:</th>
<th>Missing prompt</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Missing reasons</td>
</tr>
<tr>
<td></td>
<td>Did not define good nurse</td>
</tr>
<tr>
<td></td>
<td>Spelling and grammatical errors</td>
</tr>
</tbody>
</table>
UNIVERSITY POLICIES:

The UWM policies that govern this course can be found at:


1. *Students with disabilities.* Notice to these students should appear prominently in the syllabus so that special accommodations are provided in a timely manner. http://uwm.edu/arc

2. *Religious observances.* Accommodations for absences due to religious observance should be noted. http://www4.uwm.edu/secu/docs/other/S1.5.htm

3. *Students called to active military duty.* Accommodations for absences due to call-up of reserves to active military duty should be noted. Students: http://uwm.edu/active-duty-military

4. *Incompletes.* A notation of "incomplete" may be given in lieu of a final grade to a student who has carried a subject successfully until the end of a semester but who, because of illness or other unusual and substantiated cause beyond the student's control, has been unable to take or complete the final examination or to complete some limited amount of term work. https://www4.uwm.edu/secu/docs/other/S_31_INCOMPLETE_GRADES.pdf

5. *Discriminatory conduct.* Discriminatory conduct will not be tolerated by the University. It poisons the work and learning environment of the University and threatens the careers, educational experience, and well-being of students, faculty, and staff. https://www4.uwm.edu/secu/docs/other/S_47_Discriminatory_Policy.pdf

6. *Title IX/Sexual Violence.* Title IX is a federal law that prohibits sex discrimination in education program or activities, and UWM policy prohibits such conduct (see Discriminatory Conduct, above). This includes sexual violence, which may include sexual harassment, sexual assault, relationship violence, and/or stalking in all educational programs and education-related areas. UWM strongly encourages its students to report any instance of sex discrimination to UWM’s Title IX Coordinator (titleix@uwm.edu). Whether or not a student wishes to report an incident of sexual violence, the Title IX Coordinator can connect students to resources at UWM and/or in the community including, but not limited to, victim advocacy, medical and counseling services, and/or law enforcement. For more information, please visit: https://uwm.edu/sexual-assault

7. *Academic misconduct.* Cheating on exams or plagiarism are violations of the academic honor code and carry severe sanctions, including failing a course or even suspension or dismissal from the University. http://uwm.edu/academicaffairs/facultystaff/policies/academic-misconduct

8. *Complaint procedures.* Students may direct complaints to the head of the academic unit or department in which the complaint occurs. If the complaint allegedly violates a specific university policy, it may be directed to the head of the department or academic unit in which the complaint
occurred or to the appropriate university office responsible for enforcing the policy.
https://www4.uwm.edu/secu/docs/other/S_47_Discrimination_Policy.pdf

9. Grade appeal procedures. A student may appeal a grade on the grounds that it is based on a capricious or arbitrary decision of the course instructor. Such an appeal shall follow the established procedures adopted by the department, college, or school in which the course resides or in the case of graduate students, the Graduate School. These procedures are available in writing from the respective department chairperson or the Academic Dean of the College/School.
http://www4.uwm.edu/secu/docs/other/S28.htm