

~ Fall 2009

# VIOLENCE AGAINST WOMEN AWARENESS EVENTS @ UWM

## "Undetected Rapist" - Film & Discussion

Tuesday, September 22, Noon-1pm

UWM Multicultural Student Lounge (Union 198)

Dr. David Lisak, Associate Professor of Psychology at the University of Massachusetts-Boston and Director of the *Men's Sexual Trauma Research Project*, has conducted extensive research on "undetected" rapists - men who rape but who are never prosecuted staff will facilitate a Group discussion with professionals from *The Healing Center* will follow film. For info: UWM Women's Resource Center, 414-229-2852.

## Free Kickboxing Classes - For UWM Students & Staff

Mondays & Wednesdays, September 28 & 30 and October 5 & 7, 5-6pm

Tuesdays & Thursdays, September 29, October 1, 6 & 8, 11:45- 12:30pm

UWM Klotsche Center 110

Stop by the Klotsche Center the week of September 28th and October 5th to try Kickbox Blast for FREE. Learn punching and kicking techniques. Feel empowered through the use of focus pads. The class uses a variety of Martial Arts moves that will help you improve cardiovascular fitness, enhance muscle tone and increase confidence.

## RAINN Day Sexual Violence Resource Fair

Wednesday, Sept. 30, 10am-3pm

UWM Union Concourse

Learn more about healthy sexual relationships. Get info about campus and community resources, learn how to support a friend who's been assaulted, learn how to speak up to inappropriate behavior. Relax, make crafts, join a drum circle, learn kickboxing techniques, and watch demos of the Brazilian martial art of *Capoeira*.

For info: Anna Lemberger at [leberg3@uwm.edu](mailto:leberg3@uwm.edu), or the UWM Women's Resource Center, 414-229-2852.

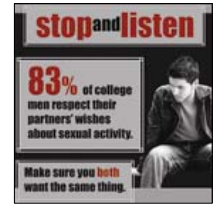
## "No! Confronting Sexual Assault In Our Community" - Film & Discussion

Thursday, October 1, 2-4pm

UWM Multicultural Student Lounge (Union W198)

*No!* (Aishah Shahidah Simmons, 94min, 2006) provides a comprehensive lens through which to look at the impact of sexual violence on Black women and girls - specifically dealing with the behaviors and attitudes of Black men in reinforcing cultural assault. After the film, facilitators lead a discussion about negotiating the challenging terrain of sexuality without violence.

For info: UWM Women's Resource Center, 414-229-2852



## Intro to Self-Defense Workshops

- Women Only Tues. Oct. 6, 3:30-5pm

UWM Sandburg Halls Flicks

& - open to All at UWM Wed. Oct. 7, 7-8:30pm

UWM Zelazo Center 171

Art Koch of the UWM Police Department leads these interactive workshops that include an informational presentation, demonstration, discussion, and the teaching/practice of physical self-defense moves. Learn "hands-on" self-defense and commonsense tips/ techniques to help promote safety.

Free Event; Pre-Registration Required.

To register/for info: UWM Women's Resource Center, 414-229-2852.

## Relationship Red Flags

Tues. Oct. 13, 7-8:30pm

UWM University Housing Sandburg Halls Flicks

Learn how to recognize the warning signs of an unhealthy relationship. Sometimes we dismiss them...turn a blind eye in hopes of seeing where the relationship will go. Learn how to create a healthy relationship. Presented by Melanie Wasserman, MSW, LCSW.

Free Event; Open to UWM Housing Residents and their Guests

For info: UWM Women's Resource Center at 414-229-2852.

## "Domestic Violence"

Late October - Date, Time, & Location TBA

Earlier this year, singer Chris Brown's alleged assault of then-girlfriend Rihanna sparked conversations, articles, and increased awareness about partner abuse. With *Domestic Violence*, master documentarian and cinematic legend, Frederick Wiseman (*High School*, *Titicut Follies*) turns his unflinching eye on this issue. Each victim bravely shares her tale of horror, it becomes painfully clear troubling the issue domestic violence is.

For info: UWM Women's Resource Center at 414-229-2852.

## RAD Self-Defense Class

Tuesdays and Thursdays, November 10, 12, 17 and 19, 2009, 6-9pm on each date. (Participants must attend all dates)

UWM Zelazo Center 171

*Rape Aggression Defense System (RAD)* is a program of realistic self-defense tactics and techniques for women. RAD is a comprehensive, women-only course that begins with awareness, prevention, risk reduction and risk avoidance and basics of hands-on defense training. Class is for UWM women-identified students & employees. Taught by UWM Police Department staff who are nationally certified RAD Instructors.

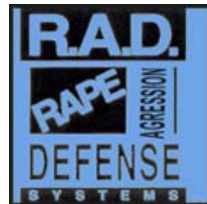
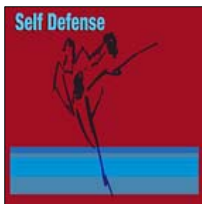
Free Class for UWM Women-identified Students and Employees;

Pre-Registration by 11/4/09 Required

To register: [rad-police@uwm.edu](mailto:rad-police@uwm.edu).

For info on the class: UWM Women's Resource Center, 414-229-2852.

For info on RAD: [www.rad-systems.com](http://www.rad-systems.com)



Participating partners: UWM Athletic Department, UWM Black Cultural Center, the Healing Center of Milwaukee, UWM LGBT Resource Center, UWM Multicultural Student Lounge, UWM Neighborhood Housing Office, UWM Norris Health Center, UWM Peer Health Advocates, UWM Union Sociocultural Programming, UWM University Housing, UWM Recreational Sports & Facilities, UWM University Police, and the UWM Women's Resource Center.

# OCTOBER is National Domestic Violence Awareness Month

- 1 in every 4 women will experience interpersonal relationship violence in her lifetime.
- Females 20-24 years of age are at the greatest risk for intimate partner violence.
- Domestic violence is one of the most chronically underreported crimes.
- The cost of intimate partner violence EXCEEDS \$5.8 billion each year.

Domestic violence may include not only the intimate partner relationships of spousal, live-in partners and dating relationships, but also familial, elder and child abuse may be present in a violent home. Abuse generally falls into one or more of the following categories: physical battering, sexual assault, and emotional or psychological abuse. The consequence of domestic violence can cross generations and last a lifetime.\*

***Power, control, manipulation, threats, assault, fear..... if you or someone you care about is experiencing these in an intimate relationship, support and assistance are available!***

***At UWM contact:***

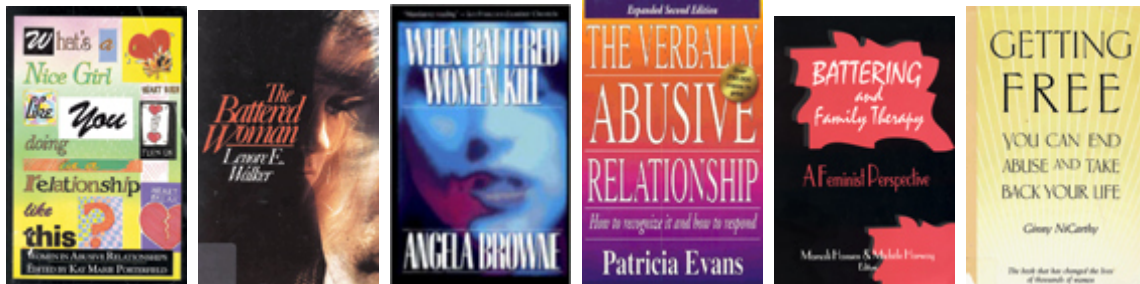
UWM Police Department: 9-911

UWM Norris Health Center: 414-229-4716

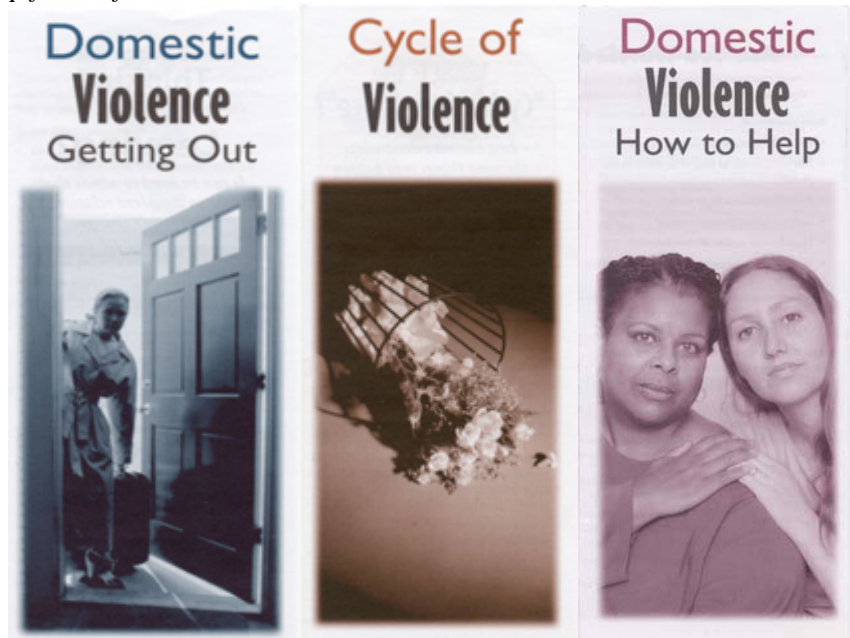
and/or

UWM Women's Resource Center: Union WG93, 414-229-2852

*Check out books on the topic from the UWM Women's Resource Center's lending library, including:*



*Or, pick up free, informational brochures at the UWM Women's Resource Center including:*



*\*Facts and info are taken from the National Coalition Against Domestic Violence.*